

ABOUT US

Grace Hill Neighborhood Health Centers, Inc. (GHNHC) has been enabling healthy, productive lives for more than 100 years. We are a non-profit, federally qualified health center. GHNHC is accredited through the prestigious Joint Commission.



OUR SERVICES

Trusted health care is provided by well-trained and dedicated professionals at each of our locations. These providers, working alongside our other dedicated staff and volunteers, have received their training and certifications from some of the best programs in the nation.

Services include primary medical and dental care, podiatry, OB/GYN, pediatrics, internal medicine, behavioral health, pharmacy, and other specialties. We also provide transportation within the St. Louis city limits.

Call for an appointment at (314) 814-8700.

ACCEPTED INSURANCES & OUR SLIDING FEE SCALE

*GHNHC offers a sliding fee scale that is based on household income. Patients who apply and are eligible will pay a reduced fee. Proof of income is required. Co-pay amounts are due at the time of service.

*Homeless patients responsible for co-pay must bring acceptable proof of income.

*We are a Medicare/Medicaid provider, and some commercial plans are accepted.

OUR MISSION

To serve our neighbors by providing high quality health care and exceptional service, while promoting healthy lifestyles.

Grace Hill Neighborhood Health Centers, Inc.

CENTERING PREGNANCY PROGRAM

GRACE HILL NEIGHBORHOOD HEALTH CENTER LOCATIONS

Grace Hill South Health Center
3930 S. Broadway
St. Louis MO 63118

Grace Hill Soulard-Benton Health Center
2220 Lemp
St. Louis MO 63104

Grace Hill @ St. Patrick Health Service
800 N. Tucker
St. Louis MO 63101

Grace Hill Murphy-O'Fallon Health Center
1717 Biddle
St. Louis MO 63106

Grace Hill Water Tower Health Center
4414 N. Florissant
St. Louis MO 63107

Grace Hill @ BJC Behavioral Health
1430 Olive Street, Ste. 500
St. Louis MO 63103

Main Number:
(314) 898-1700

Appointment Line:
(314) 814-8700

www.gracehill.org



GRACE HILL
NEIGHBORHOOD HEALTH CENTERS, INC.



About Centering Pregnancy

We are excited to invite you to be part of something special at Grace Hill Neighborhood Health Centers--the Centering Pregnancy Program.

You have the opportunity to receive your prenatal care in a group setting that celebrates and empowers you to be your healthiest, and to have a healthy and fulfilling experience of pregnancy to best care for and nurture your growing baby. The program is a model of prenatal care that provides prenatal care to women in groups – in a supportive environment.

There are three essential components to this approach

- *Assessment – time just for you and the provider**
- *Education – on topics important to you**
- *Support – a stable group allows for building trust and support among each other**



GRACE HILL NEIGHBORHOOD HEALTH CENTERS, INC.

“Enabling Healthy, Productive Lives”

Some of the topics covered

- *Nutrition
- *Exercise/relaxation
- *Childbirth preparation
- *Infant care and feeding
- *Postpartum issues
- *Communication and self-esteem
- *Comfort measures
- *Sexuality
- *Abuse issues
- *Parenting

If you choose to participate in the program, you will have your initial prenatal exam in private with your health care provider. You are then invited to join a group of 8 to 12 other pregnant women to meet regularly for 10 visits at the Grace Hill South Health Center at 3930 S. Broadway.

Whether or not this is your first child, pregnancy is a time of transition and a lot of changes. We would like to help you have a positive, healing and healthy experience of nurturing and caring for yourself and your baby. Please join us.

Contact Information

If you would like more information, or to participate in the program, please call (314) 814-8625 (English); or (314) 898-1742 (Spanish).

Grace Hill Main line: (314) 898-1700

Grace Hill Appointment Line: (314) 814-8700

Grace Hill is a Medicare/Medicaid provider and a member of Health Care USA; Molina; Harmony MC+; Missouri Care, an Aetna Health Plan; as well as Fee-for-Service Medicaid, and other commercial insurance plans. If you don't have insurance, your fee might be based on a sliding-fee scale.

